

JONATHAN PATTERSON

LICENSED PROFESSIONAL COUNSELOR



WORK EXPERIENCE

Licensed Professional Counselor

MILLENNIUM COMMUNITY SERVICES, 2014 TO 2019

- Developed comprehensive treatment plans
- Provided adult and adolescent individual, family, and group therapy to assigned consumers on his/her caseload in a school and/or office based setting
- Provided case management
- Provided detailed documentation of all clinical activities
- Coordinated and attended case conferences

Licensed Professional Counselor

SKAMANIA COUNTY, 2009 TO 2014

- Made appropriate clinical decisions regarding disposition and referrals
- Assumed overall case management responsibilities for individuals assigned to caseload as observed by supervisor
- Maintained clinical documentation standards as mandated by UBHC policy and other applicable accreditation and certification entities
- Developed and managed data base of information to be used in examining treatment effectiveness, and program development

ACADEMIC BACKGROUND

Capella University

MS IN CLINICAL MENTAL HEALTH COUNSELING

- Member, 2010-2013, Whimson Psychology Association
- Volunteered at the Student Administration Office

University of the Southwest

BA IN CLINICAL MENTAL HEALTH COUNSELING

- Vice President, 2013, Winslough East Counseling Club
- Member, 2012-2013, Winslough East Psychology Club
- Member, 2012, Winslough East Orienteering Club

SUMMARY

Licensed Professional Counselor specializing in cognitive behavioral and solution focused therapy. 10+ years of experience in the mental health field working in a variety of settings with children, adolescents, adults and families.

SKILLS

- Genuine Interest in Others
- Self-Reflection
- Ability to Listen
- Accessibility & Authenticity
- Flexibility
- Sense of Humor
- Empathy
- Rapport-Building
- Problem-Solving

WORK WITH ME

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State