

## CONTACT INFO

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# IRMA CRUZ

## OBJECT: NURSE PRACTITIONER

## SUMMARY

I have 14 years of experience working as an FNP. I have worked in a variety of settings including family practice, ER, long term care, home health, and urgent care. I feel confident in my assessment, diagnosis, and treatment decision skills. I have experience with suturing, interpreting labs, reading x-rays, and performing simple I & D in the office setting. I enjoy working with my collaborating physician to provide the best care for patients.

## SKILLS

- Proficient in providing primary care health assessments, treatments, and health education services, with ability to diagnose and treat deviations from the normal using approved medical protocols.
- Respectful to others, caring and supportive to patients and family members.
- Proficient in delivering discharge instructions to patients and maintaining patient electronic medical records.
- Proficient in hospital, home health, and clinic staff relief.
- Work collaboratively across disciplines and treatment settings with a designated medical team and other community resources to help coordinate the full spectrum of patient care.
- Able to interpret diagnostic tests, obtaining complete history and physicals throughout the life span.
- Proficient in providing patient care based on the nursing process; being effectively involved with maintaining the standard of care for assigned patients through assessments, planning, implementation and evaluation and direct patient care and home visits.

## EDUCATION

### MASTER OF SCIENCE in NURSING/RURAL NURSE PRACTITIONER

ARIZONA UNIVERSITY, FLAGSTAFF,  
AZ

BACHELOR OF SCIENCE in NURSING  
SOUTHERN OREGON STATE COLLEGE,  
ASHLAND, OR

## PROFESSIONAL EXPERIENCE

### NURSE PRACTITIONER

SAN LUIS HEALTH CLINIC, YUMA, AZ | JAN. 2015 - PRESENT

- Health physicals, Medicare physicals, and school sports physicals for all age groups
- Implement the VFC and ADHS vaccine program for the clinic
- Reorganized clinic to become more efficient and functional for staff and patient care
- Worked as a solo practitioner in providing care to a diverse population of all age groups
- See walk-in patients with urgent care needs refer to a higher level of care as necessary
- Performed basic wound care, suturing, incision, drainage, and biopsy
- Ordered and interpreted tests, and analyzed records, reports and examination information to diagnose patients' condition.

### NURSE PRACTITIONER

PRIME CARE URGENT CARE, YUMA, AZ | APR. 2009 - MAR.  
2014

- Worked as a solo practitioner in local practice provided care to medically complex patients.
- Responsible for running the clinic, ordering and interpreting diagnostics, delegating responsibilities to medical assistants, and referring patients to specialists as needed.
- Evaluated and manage a patient's pain control through close supervision and risk assessment.
- Performed basic wound care, suturing, minor casting and splinting, incision and drainage, and biopsy.
- Prevented health exams, medication evaluation, patient education on optimal treatment options.

### NURSE PRACTITIONER

STATE OF ARIZONA DEPARTMENT OF CORRECTIONS,  
PHOENIX, AZ | JUNE 2005 - DEC. 2008

- Provided general and specialized medical care and treatment for patients in a small rural health clinic.
- Responsible for a unique, diverse, and multicultural underserved population across the age span.
- Performed physical examinations and preventive health measures within prescribed guidelines and instructions of the facility.
- Ordered, interpreted and evaluated diagnostic tests to identify and assess patient's physical and mental health problems and health needs.
- Implemented a comprehensive pain management program to reduce the risk of medication diversion and potential abuse while maintaining optimal pain control.
- Due to the needs of the local population, lack of mobility and no available transportation, at times health visits to patient's homes were done to give patients care and advice as to best treatment options.
- Submitted health care plans and goals of individual patients for periodic review and evaluation by a physician.